

SEDALIA

Music: Tol & Tol
www.cduniverse.com/ Cd The Collection
Track # 7 Time 3:26
Available from choreographer

Rhythm: Rumba Phase: V+U

Footwork: Opposite except where (Noted)

Release Date: Oct 16

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Sequence: INTRO A ABC ABC B C C END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; FULL BASIC ; ;

{Wait} BFLY POS WALL Id ft free wt 2 meas ; ; {Full Basic} Fwd L, rec R, sd L, - ; Bk R, rec L, sd R, -;

PART A

01-04 OP HIP TWIST to FACING FAN LOD ; ; OP HIP TWIST to FACING FAN COH ; ;

{OP Hip Twist to Fcg Fan LOD} [w/ Id hnd] Chk fwd L, rec R, cl L, - ([QQQQ] W bk R, fwd L, fwd L, swvl ¼ RF) ; Bk R, rec L trng ¼ LF to LOD, fwd R (W fwd L, trng LF sd R, cont LF trn bk L to RLOD), -; {OP Hip Twist to Fcg Fan COH} Repeat meas 1,2 to FCG FAN COH ; ;

05-08 FENCE LINE ; THRU SERPIENTE ; ; FENCE LINE ;

{Fence Line} XLif (W XRif) w/ bent knee, rec R, sd L, -; {Thru Serpiente} Thru R, sd L, XRib, flare L CCW (W thru L, sd R, XLib, flare R CW) ; XLib, sd R, thru L, flare R CCW (W XRib, sd L, thru R, flare L CW) ; {Fence Line} XRif (W XLif) w/ bent knee, rec L, sd R to BFLY COH, -;

09-11 START CROSS BODY INTERRUPT w/ 2 SWIVELS ; ; FINISH CROSS BODY [2^{de} & 3^{the} TIME: to r-hndshk] ;

{Start Cross Body Interrupt w/ 2 Swivels} Fwd L, rec R trng LF ¼, sd L (W bk R, rec L, fwd R) to "L" shaped loose CP pos M fcg RLOD & W fcg WALL, -; Rk sd R trng body slightly LF, -, rk sd L trng body slightly RF (W fwd L swvl LF ½, -, fwd R swvl RF 1/2) still in "L" shaped pos M fc RLOD & W fc WALL, -; {Finish Cross Body} Bk R, rec L trn LF 1/4, sd R (W fwd L, fwd R trng LF ½, sd L) to BFLY WALL [2^{de} & 3^{the} Time: to r-hndshk], -;

PART B

01-04 START FLIRT/W INTO a FAN ; ; START STOP & GO INTO CROSS BODY ; ;

{Start Flirt to a Fan} Fwd L, rec R, sd L (W bk R, rec L, fwd R swvl ½ LF) to VARS WALL, -; Bk R, rec L, relaisg tl hnds sd R (W slidg if of M sd L, cl R, sd & bk L trng ¼ RF to RLOD) to "L" pos Id hands joined, -; {Start Stop & Go Into Cross Body} Chk fwd L, rec R raising L-arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hands to fc LOD), -; Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W fwd L comm LF trn raisg L-arm, fwd & sd R to CP place L-hand on R-shldr M cont LF trn to fc ptr, sd slide the L-hand to BFLY) to BFLY COH, -;

05-08 BASIC ½ to Low Bfly ; DOUBLE HANDHOLD UNDERARM TURN to Stacked Hands ; OPEN BREAK to FACE ;

CHANGE SIDES/W UNDERARM ;

{Basic ½ to Low BFLY} Fwd L, rec R, cl L (W bk R, rec L, sd R) to LOW BFLY, -; {Dbl Handhold Underarm Turn to Stacked Hnds} [Raisg Id-arm high & bringing tl-arm up to R-shoulder level] XRib & taking L-arm first over W's head, rec L taking R-arm over W's head, sd R (W XLif trng RF under Id-arm, rec R contg to trn under tl-arm to fc M, sd L) to stacked hnds Lft over r-hnds, -; {Open Break to Fc} With stacked hnds Apt L, rec R, fwd L to fcg W's r-sd, -; {Change Sides /W Underarm} Fwd R to COH twd W's R-sd trng RF lead W trn under stacked hnds, small fwd L cont RF turn to fc, sd R (W fwd L to WALL twd M's R-sd trng LF under stacked hnds chg sds, cl R cont LF turn to fc, sd R) to BFLY WALL, -;

PART C

01-04 BASIC ½ INTO 3 ALTERNATING UNDERARM TURNS W – M – W & r-hndshk ; ; ;

{Basic ½ Into 3 Alternating Underarm Turns W-M-W } Fwd L, rec R, sd & bk L, -; Raisg l d hnds palm to palm XRib, rec L, sd R (*W XLif comm RF trn under l d hnd, cont RF trn rec R fc COH, sd L*), -; [join trailing hnds] Raisg jnd trail hnds trng RF undr jnd tl hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L (*W raisg trail hnds bk R, rec L, fwd & sd R*), -; [join lead hnds] Raisg jnd l d hnds sm sd & bk R, rec L, fwd & sd R (*W trng RF undr jnd hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L*) to r-hndshk WALL, -;

05-08 SHADOW BREAK to OP LOD ; 2 PARALLEL BREAKS to BFLY ; ; FENCE LINE [2^{de} TIME: r-hndshk] ;

{Shadow Break to LOD} [w/ r-hndshk] XLib (*W XRib*) trng both to LOD w/ W's L-arm xtnd bhd M's bk, fwd R, L to LOD, -; **{2 Parallel Breaks to BFLY}** w/ r-hndshk Rk bk R leading W across in front, rec L, fwd R (*W fwd L trng ¼ LF in front of M, fwd R trng ½ LF, sd L*) to r-hndshk M fcg LOD/W fcg WALL, -; Fwd L trng ¼ LF ifo W, fwd R trng ½ LF, sd L (*W trng ¼ LF rk bk R allowing M to pass across in front, rec L, fwd & sd R*) to BFLY WALL, -; **{Fence Line}** Repeat meas 8 Part A to BFLY WALL [2^{de} Time: r-hndshk] ;

ENDING

01-03 NEW YORKER ; AIDA ; SWITCH LUNGE & EXTEND ARMS ;

{New Yorker} XLif (*W XRif*) to LOP, rec R to fc ptr, sd L, -; **{Aida}** Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -; **{Switch Lunge & Extend Arms}** Sd & bk L trng LF to fc ptr with soft L knee keeping R leg extended & trng bdy sltly LF, extend both arms to side ;